HEALTH AND WELLBEING BOARD - COMMUNITY SUB-GROUP 25 MAY 2021

(5.00 pm - 6.36 pm)

PRESENT: Councillors Councillor Rebecca Lanning (in the Chair),

Councillor Oonagh Moulton, Councillor Eleanor Stringer, Mark Creelman (left the meeting at 18:00), Dave Curtis, Abi Fafolu, Dr Vasa Gnanapragam, Martin Miranda (present

from 17:54), Kalu Obuka, Dr Mohan Sekeram and

Dr Dagmar Zeuner

IN Barry Causer (Public Health Commissioning Manager),
ATTENDANCE: Hetty Crist (Communications Manager), Krishna Chapriba

(Democratic Services Officer), John Dimmer (Head of Policy Strategy and Partnerships), Paula Jewes (Merton Mencap), Clarissa Larsen (Health and Wellbeing Board Partnership Manager), Farzana Karamat-Mughal (Democratic Services Officer), Hannah Neale (Programme Director, BAME Voice), Andrew Whittington (Chief Executive of Merton Mencap) and Evereth Willis (Equalities and Community Cohesion Manager).

1 APOLOGIES FOR ABSENCE (Agenda Item 1)

An apology for absence was received on behalf of Rob Clarke. An apology for lateness was received on behalf of Martin Miranda and Mark Creelman advised that he would need to leave early due to another meeting.

The Chair welcomed Hannah Neale, Andrew Whittington and Paula Jewes to the meeting.

2 DECLARATION OF PECUNIARY INTEREST (Agenda Item 2)

There was no declarations of interest.

3 MINUTES OF THE PREVIOUS MEETING (Agenda Item 3)

RESOLVED: that the minutes of the meeting held on 12th January 2021, were agreed as a correct record.

4 COVID-19 UPDATE - (SLIDES ATTACHED) (Agenda Item 4)

The Director of Public Health provided an update on COVID-19 in Merton, outlining the latest data cases, testing and vaccination. The number of cases with regards to the variants were highlighted.

In the ensuing discussion, Members the following points were highlighted:

- People, including school aged children, were still encouraged to complete regular lateral flow tests.
- Positive work, being done to promote vaccination in the community was acknowledged.

Dr Vasa Gnanapragam expressed his thanks to everyone involved, in particularly, health care workers for their hard work in the COVID-19 Vaccination Programme.

5 PRESENTATION AND DISCUSSION OF ENGAGEMENT AND INSIGHT WORK (Agenda Item 5)

The Head of Strategic Commissioning (Public Health) outlined the programme of engagement and insight work, involving residents and the voluntary and community sectors. The work was intended to help understand the impact of Covid-19 on communities across the borough, to help inform both the reach and effectiveness of communications and to build individual and community resilience.

6 BAME VOICE (SLIDES ATTACHED) (Agenda Item 5a)

Hannah Neale introduced the Merton Covid-19 Resilience Programme Report which had been published and circulated to members of the Subgroup prior to the meeting. She provided a presentation on the methodology, findings and recommendations of the work of BAME Voice. She described some of the insights gained into the lived experience of people from BAME communities across Merton, with a focus on those most affected by both COVID-19 and structural inequalities.

The COVID-19 pandemic had resulted in a devastating time for many and the consequences are being felt deeply in BAME communities. Actions were recommended to address both this and structural inequality and racism which people experience.

Members welcomed the presentation and discussed how the recommendations be taken forward, acted upon and embedded in future planning and policy. Furthermore, on behalf of the Sub-Group, the Chair extended her thanks to Hannah Neale for her presentation and the hard work over the last months with the community.

7 MERTON MENCAP (SLIDES ATTACHED) (Agenda Item 5b)

Andrew Whittington and Paula Jewes presented the Merton Mencap Public Health Engagement Report, which had been published and circulated to members of the Subgroup prior to the meeting. They outlined the engagement work for Public Health in Merton and thanked Merton's Public Health team for their support in the critical work provided in the last months.

Merton Mencap is a charity which supports young people and adults with learning disabilities and autism. It was noted that Covid-19 has had a significant direct impact on these communities, as well as, a further and substantial impact on the carers of people with learning disabilities. The presentation outlined the methodology of the work together with some of the key findings and recommendations of the report.

The Sub-Group welcomed the insight work and discussed how the recommendations can be acted upon and be embedded as part of partners' work going forward. Furthermore, on behalf of the Sub-Group, the Chair extended her thanks to Andrew Whittington and Paula Jewes for their presentation and all their efforts over the last months.

8 NEXT STEPS AND LOMP OPPORTUNITIES (SLIDES ATTACHED) (Agenda Item 6)

Dagmar Zeuner briefly set out next steps. In the short-term, as part of work on COVID resilience, in continuing to help protect and support communities, including as part of the key priorities of the LOMP. In the medium and longer-term for partners to have a clear focus on reducing structural inequalities as part of the recovery programme, strategies and plans..

The Sub-Group then discussed taking forward the insight and recommendations of both reports. Key points included:

- findings from this and other work will be embedded into the new LBM Equalities Strategy;
- insight and co-production presents an opportunity to change the way we work
 including through the ICS and Merton Health and Care Together;
- the theme of the divide between east and west Merton people want east Merton to be a place they can feel proud of;
- LOMP presents an opportunistic way to take actions forward, but insight needs to also feed into and help form plans for longer-term recovery;
- the work 'speaks the truth' to us, giving an authentic voice to experiences;
- community cohesion is in all our interests point that BAME people make up a significant proportion of those working in the NHS;
- assets across Merton are huge we need to grow what we have in a sustainable way;
- trust is still a barrier need to build trust between GP practices and their patients;

- engagement can be an intervention in itself and this work has in itself helped build understanding and resilience in communities;
- further work is underway through Your Merton LBM's largest ever community engagement programme. Understand need to value voluntary sector contributions and pay for them;
- culture is key to our behaviour. As younger people come of age it can be hard
 to navigate a way forward. There is no 'tick box' for many ethnicities and there
 is a need to respond to individual needs, listening to people in different ways,
 settings and languages;
- welcome the significant learning on the resilience and assets within the carer community;
- work to address the dangers of a digital divide is important across all groups.

It was agreed that the Sub-Group members need to hold themselves and each other to account and that progress would be tracked in future meetings.

Hetty Crist (Communications Manager) informed members that a Vaccine Equity Comms Plan was being drafted, to sit alongside the Merton Vaccine Equity Plan, which would be shared with members following the meeting. The Comms Plan outlined the key messages for each target audience, as discussed in the joint Comms Vaccine Working Group, and based on several surveys carried out locally.

Minute Item 9

Health Well Being Board Community Sub-Group 25th May 2021

Dr Dagmar Zeuner, Director of Public Health

Merton Public Health Intelligence

25th May 2021

Produced by Gary Forbes (gary.forbes@merton.gov.uk)



Summary key messages

London overview

The current estimated London R value is between 0.8 and 1.0 (As of 14th May)

Cases (13th May - 19th May):

- 7 day case rate (all ages) 11.6 cases per 100,000 (same as previous week).
- 7 day case rate (among 60+) 8.3 cases per 100,000 (down from 13.9 previous week).
- There were 25 new COVID cases in Merton.
- Kent COVID variant: value for Merton not available this week.

Beaths:

- There was one new registered Merton COVID death for the week ending 7th May.
- In total Merton has seen 483 deaths due to COVID.

Testing (11th May – 17th May / pillar 2 PCR tests only – this excludes Lateral Flow tests):

- 7 day testing rate **169.5 daily tests per 100,000** (down from 179.9 previous week)
- 7 day test positivity decreased to 0.6%.

Vaccinations (as of 9th May):

• 78.7% of over 50s in Merton have received 1st dose of COVID vaccine (78.3% in London)

Summary of COVID cases, testing, contact tracing, deaths, and NHS figures

		Merton	Merton	London	London
Domain	Indicator	(previous value)	change	(previous value)	Change
Regional marker	R value (14 th May)	-	-	0.8 – 1.0 (0.8 - 1.1)	Ψ
Cases over last week (13 th –19 th May)	New cases	25 (37)	Ψ	1,808 (1,954)	Ψ
	7 day rate (per 100,000)	11.6 (17.2)	Ψ	20.2 (21.8)	Ψ
	Official 7-day rate (per 100,000)*	14.5 (16.5)	Ψ	19.3 (18.6)	^
	7 day rate aged 60+ (per 100,000)	8.3 (11.1)	Ψ	-	-
	Cases identified as Kent variant**	N/A (50%)	-	44.9% (51.1%)	Ψ
Pillar 2 PCR tests over 7 days	Daily rate (per 100,000)	169.5 (179.9)	Ψ	179.6 (184.3)	Ψ
$_{\overline{U}}$ (11 th – 17 th May)	Test positivity %***	0.6% (0.9%)	Ψ	1.1% (1.0%)	^
Contact Tracing by NHS T&T -	% Cases completed	88% (88%)	→	86% (86%)	→
cumulative (2 nd Jun – 18 th May)	% Contacts completed	87% (87%)	→	86% (86%)	→
Deaths (1 st – 7 th May)	Number COVID-19 registered deaths	1 (0)	^	27 (33)	Ψ
Vaccinations (as of 9 th May)	% Over 50s received 1st dose of				
vaccinations (as of 9 iviay)	COVID-19 vaccine	78.7% (78.7)	→	78.3% (87.8)	Ψ
		SWL	SWL	London	London
Domain	Indicator	(previous value)	change	(previous value)	change
Current inpatients	COVID inpatients	47 (55)	•	138 (281)	Ψ

→

61 (65)

7 (7)

(as of 17th May)

COVID ITU/HDU inpatients

^{*} The official PHE rate for Merton and London are for the week **ending** the 13th May.

^{**} Only includes 'classifiable' isolates in the denominator

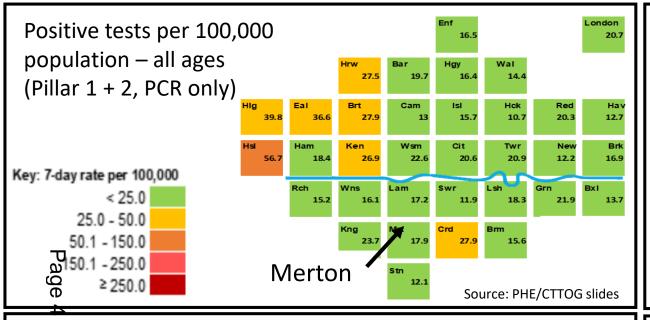
^{***}Test positivity refers to the percent of total tests that were positive, even if individuals had multiple tests.

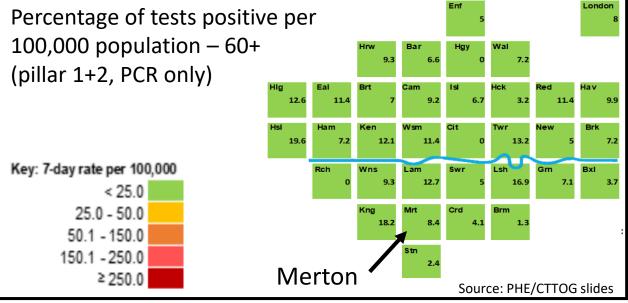
Positive cases per 100,000 and test positivity across London boroughs

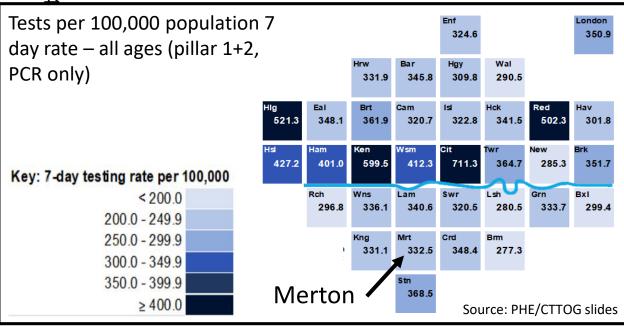
For reporting period 07.05.2021 – 13.05.2021

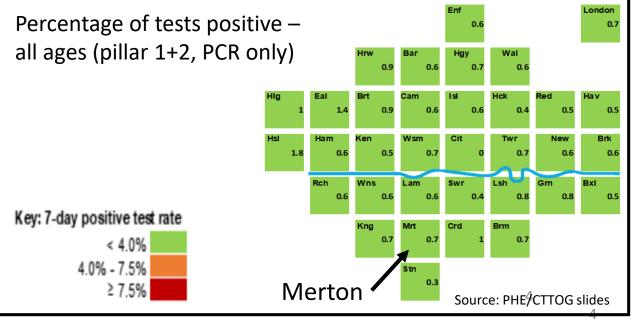
Colour of box illustrates weekly cases per 100,000 for that week

Enquiries: gary.forbes@merton.gov.uk

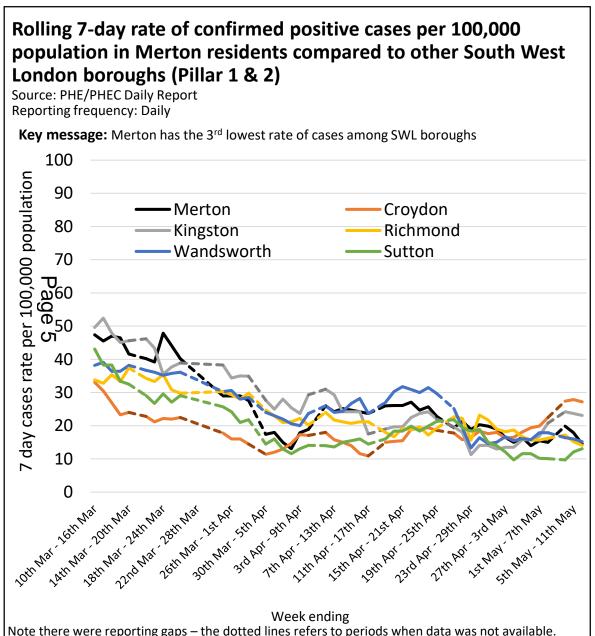


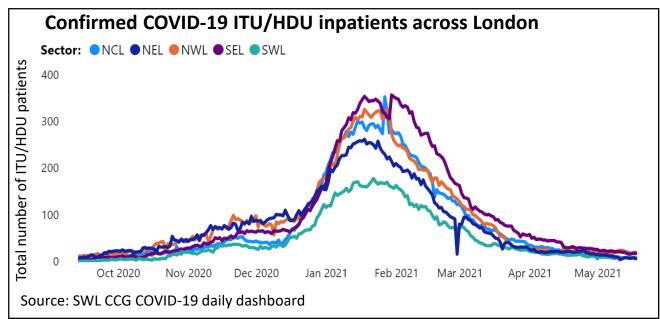


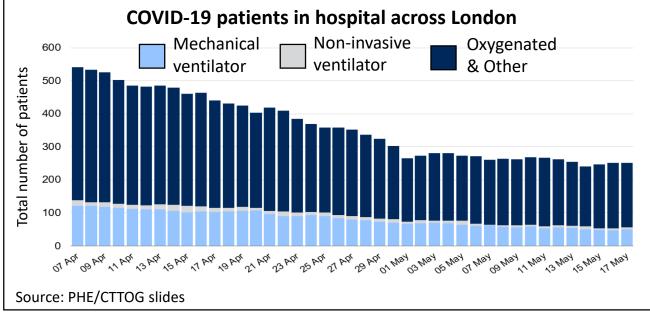


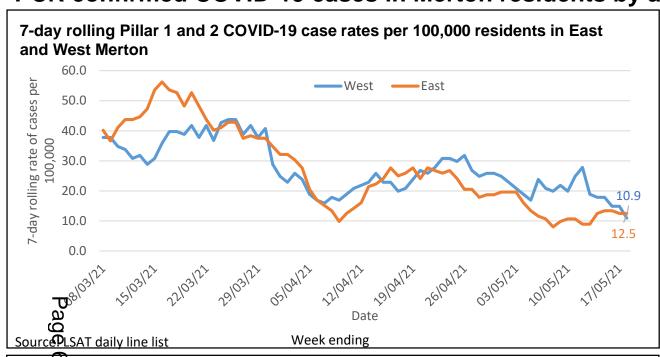


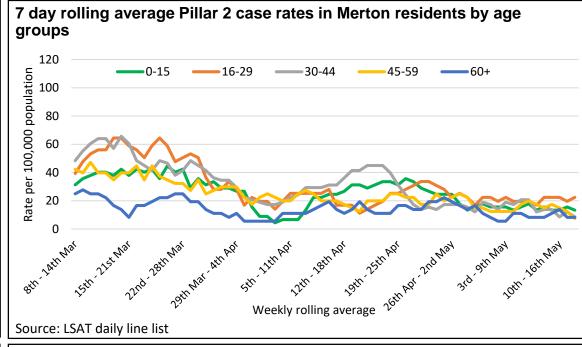
COVID-19 case rates among SWL boroughs and NHS-related indicators for London.

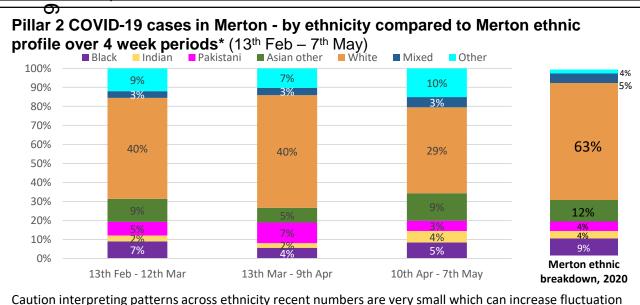




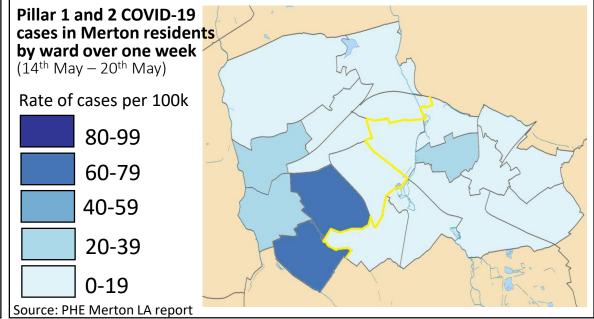








Sources: PowerBI and 2016 GLA housing-led pop projections



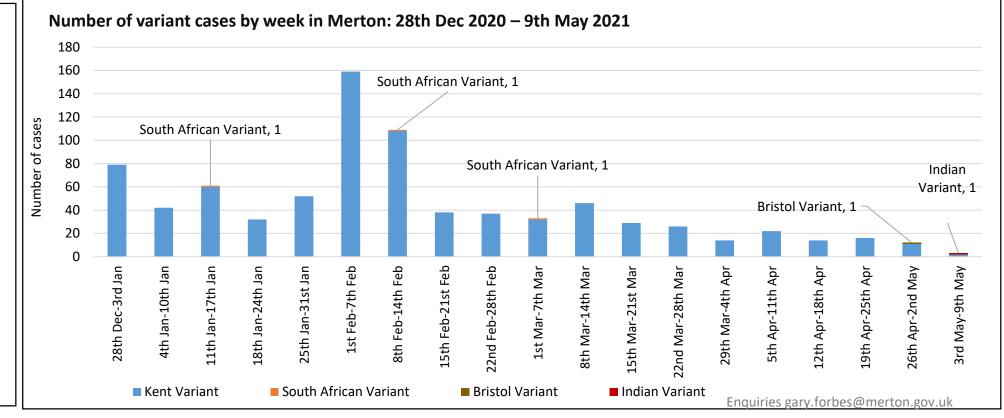
Number of cases with Variants of Concern (VOC)

Source: PHE Power BI Reporting frequency: Weekly For reporting period 28.12.2020 – 09.05.2021

Total number of variant cases in Merton and England								
Variant name	Common variant name	No of cases in England (as of 12th May)	No of cases in London (as of 10th May)					
VOC-20DEC-01	Kent Variant	202,229	Data not available	885				
VOC-20DEC-02	South African Variant	772	369	4				
VOC-21JAN-02	Japan/Brazil Variant	102	63	1				
VOC-21FEB-02	Bristol Variant	43	1	0				
VOC-21APR-02	Indian Variant	1,255	301	1				

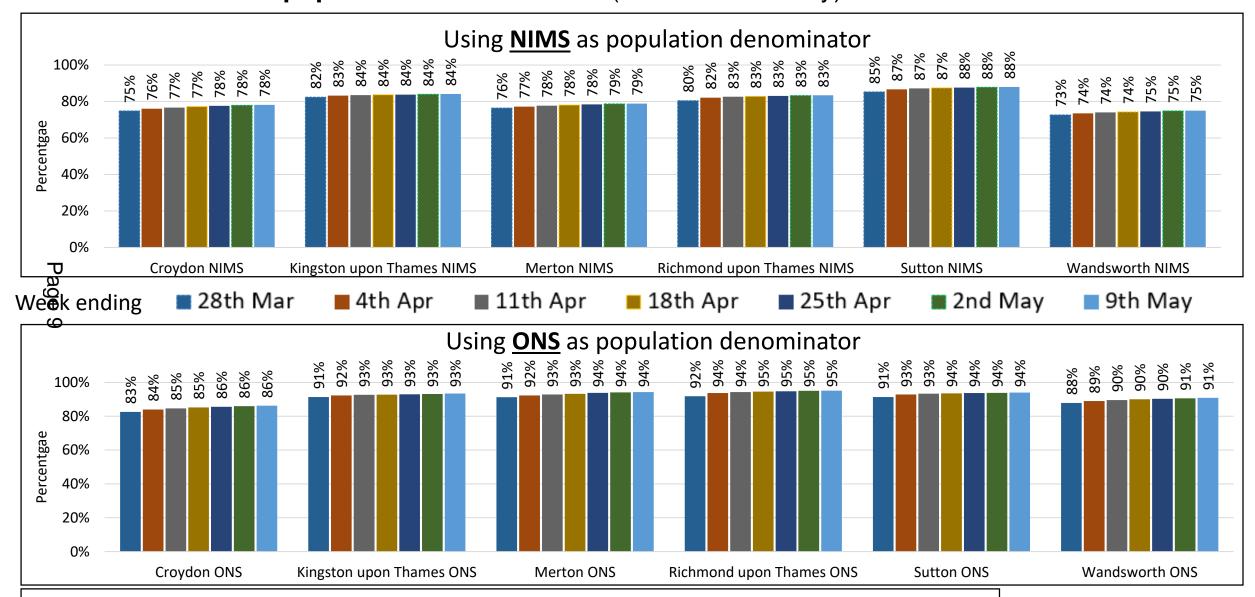
Variants and their importance

- Phat have accumulated mutations.
- Variants of concern (VOC) are tracked as they might have changes in:
 - o transmissibility,
 - clinical presentation & severity,
 - diagnostics, therapeutics & vaccines.
- Tracking of variants will tell us if there is community transmission or if they are travel related.

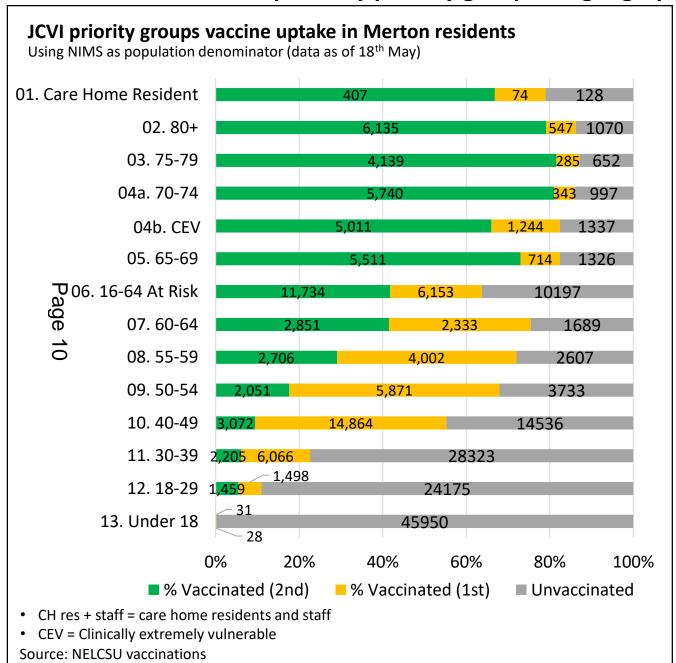


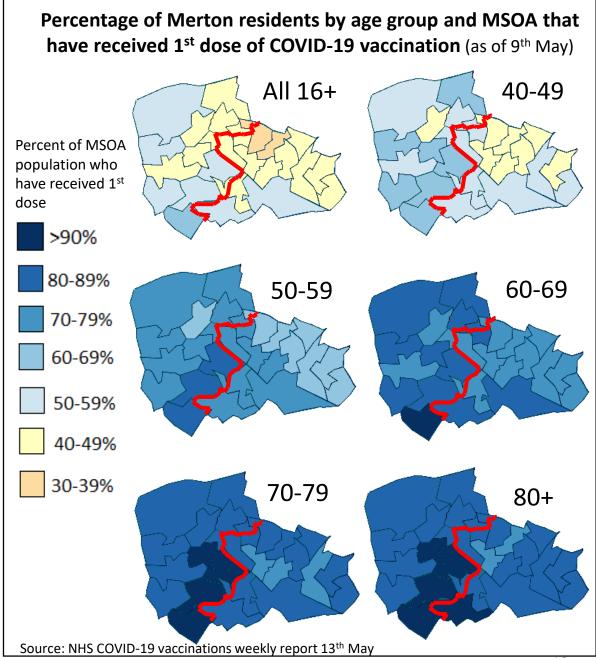
Number of deaths of Merton Residents by week of	25 th May 2021								
registration	Place of death	COVID deaths over last week (01.05.21 - 07.05.21)	Cumulative COVID deaths (04.01.20 – 07.05.21)						
Source: ONS	Hospital	1	374						
Reporting frequency: Weekly	Care home	0	48						
180	Home	0	51						
160	Hospice	0	9						
	Elsewhere	0	1						
140	Total	1	483						
<u>v</u> 120									
107									
21st Mar - 20th Mar 188		11th 11th 25th c-1st n-8th 15th 22nd 22nd -25th -5th -5th	- 1 4 4 5 7 7 2 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1						
Week of death registration									
COVID-19 deaths Non COVID-19 deaths ——Aver	deaths — Non COVID-19 deaths — Average number of deaths registered per equivalent week in 2015-2019								

COVID-19 vaccination uptake among SWL boroughs in over 50 year olds 25th May 2021 **Note: NIMS and ONS population denominators** (28th Mar – 9th May)



Please note: percent uptake vary depending on population denominator. National Immunisation Management System (NIMS) populations are via NHS GP lists. Office for National Statistics (ONS) figures based on population estimates for Merton.





REPORT

MERTON COVID-19 RESILIENCE PROGRAMME

An Assessment of the Impact of the Corona Virus Pandemic on BAME Communities in the London Borough of Merton

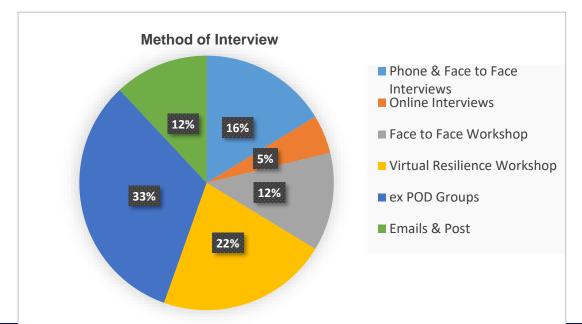
Presented by

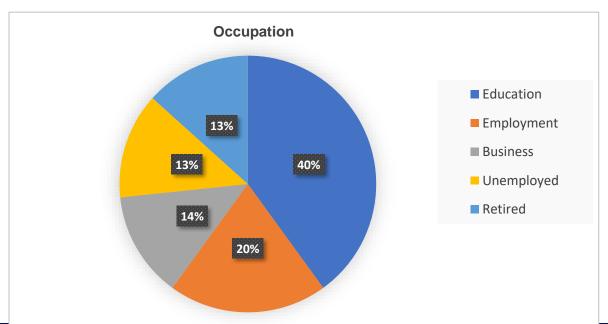
Hannah Neale
Programme Director BAME VOICE

INTRODUCTION

Design and deliver a genuine insight into the lived experience of people across Black, Asian and Minority Ethnic (BAME) communities in the Merton and surrounding area as a result of COVID-19 and related issues, working with the communities identified as being most affected by COVID-19 - Bangladeshi, Pakistani, East, West, Southern African, Caribbean including Tamils and other BAME communities.

ROGRAMME: August 2020 – February 2021
Spoke to Approx. 300 people, 45% young people, 180 females, 120 males





FINDINGS

- * No evidence deaths and hospital admissions of BAME residents were disproportionate to their numbers within the borough.
- * Communities most affected by the virus were similar to those in other parts of London, however, projected high levels of infections among Caribbean and African communities have not occurred in Merton.

The Council's actions were valued in a number of ways.

- *Swift action in working with everyone to provide much needed support averted any chaos or confusion *Setting up of 'Merton Giving' a collaborative effort by the community for the community helped many organisations and groups help their respective communities.
- *The Merton Community led by the Council coming out to support and help each other.
- *The Council, CCG & other agencies wanting to learn from the losses suffered by BAME people.

However: Historic issues of systemic racism as the overriding factor in the inequalities which BAME communities encounter expressed by 80% of those interviewed. Real anger expressed that long identified and promised changes to the inequalities in East Merton had not materialised.

But with the anger, there was also hope, that this time, the reality of life for BAME communities, highlighted by the pandemic would bring about much needed change. They echoed the cry of the majority of people of colour in the UK. No more talking, lets see some action.

KEY RECOMMENDATIONS OVER 70 RECOMMENDED

- <u>Health</u>: That senior CCG and HWB officials meet with BAME organisations and communities on a regular basis
- Pop up health hubs within community spaces to distribute health messages, information and advice
- In partnership with BAME groups, develop and implement COVID-19 education and prevention campaigns.
- Review doctor/patient relationships. Cultural competence training for all health workers every three years.
- Regular assertive/resilience skills workshops for BAME staff
- The public kept informed about plans for improvements to East Merton e.g. Wilson community centre
- Education: Authorities to ensure bias is stripped off forecasts and decisions for BAME student predicted grades.
- Schools to teach black history, written by black authors from an early age
- Offer culturally appropriate psychological support for BAME children living under difficult home conditions.
- Ban images of starving BAME children on aid donation appeals in schools, churches etc which give an unbalanced depiction of what these countries and their people are really like.
- Employment: Accelerate Minority Ethnic Workers into more senior and leadership roles on merit.
- Council to provide Start- up business grants to BAME and other businesses; invest in communities and individuals
- Encourage BAME Entrepreneurship into East Merton; established businesses to invest in smaller businesses which may have grown during lockdown.
 - **General:** A seat for BAME organisations at the decision-making table authentic minority ethnic voices heard
- Action to stop the stigmatising of BAME people and communities particularly on official documentation. 'Hard to reach', seldom heard' 'high risk' 'vaccine hesitant 'do not augur well for good community relations.
- The Council to partner with others in setting up a foundation for sports in East Merton so that young people from these areas can showcase their talents.
- Strengthening social capital—view people from a position of strength. Provide a level playing field.





Merton Public Health Engagement Report

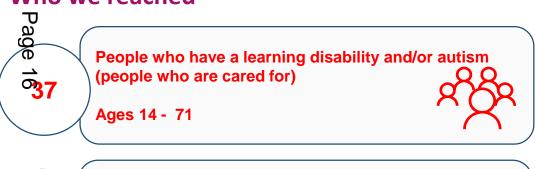
Project Overview: engagement with people with a learning disability/autism & parents /



- opportunity to discuss Covid-related concerns, receive key public health messages and be signposted to local support services, enabling us to understand the impact of Covid
- identify practical policy responses or local actions to address specific concerns
- an intervention in its own right, helping to build trust
- work with partners to improve the reach of communications on key Covid-related issues
- understand barriers to accessing services & ways to increase take-up

Who we reached

carers



Professionals or organisations including

- Social care
- Healthwatch
- St George's LD nurses
- Perseid School
- Merton College



Carers of adults
Ages 37 - 81



Merton Mencap

Staff Members and their clients



Parents of children

Children's ages 3 - 17



8+ Reports

10



Main Findings

- mencap
- **Priorities for carers**: activities and respite services for cared for person; isolation, loneliness, and mental health issues; planning for the future &emergency planning; access to health services & good vaccine information the burden of caring has increased for 75% of carers
- Priorities for people with LD/ASD: outings and activities, friends
- People with LD/ASD who feel anxious also have other indicators of **poor mental health** (alcohol, isolation, self-harm/suicide, drugs/medication)
- Good overall resilience: easier for those with digital access
- Significant reduction in independence in the community
- Some children find it hard to learn at home & some parents lack teaching skills, however, many Merton schools provided good support
- Siblings may have fallen behind their peers
- Two thirds normally attend an annual health check. Some parents/carers not happy with virtual or phone health checks during Covid
- Some vaccine hesitancy. NHS staff manged this well working in partnership with parents/carers and voluntary sector groups

Digatal

- Digital divide more apparent during Covid. Online access has a role in each of the main issues for carers above
- Financial value of being online: social connections, savings, employment, and leisure, as well as e-health and e-learning benefits
- Merton carers above national average for digital poverty; 33% basic or non-users v 22% nationally: our most digitally excluded residents?
- Public services / NHS increasingly moving critical services online which will exacerbate the digital divide
- Some carers will **never** engage digitally. Parents of children with SEN/disabilities **do not** appear to be digitally excluded
- 90% of adults with LD/ASD who responded have a SMART device. Some adults with LD/ASD are **not offered digital access**: carers' lack of digital skills, divergent interests, and/or financial constraints
- To become digital, carers need a **personal 'hook', financial support**, and **ongoing** technical help
- Generally, poor awareness of scope & benefits of assistive technology
- Professionals not all confident in their own digital skills so feel unable to advise/train clients
- Some children/ young people use the internet for learning but not for peer to peer engagement (risk of social isolation when they leave education)

Report Recommendations



- 1. Additional support and training and support for recovery of independence skills (individual targets should be set)
- 2. Mental health services with specialist training/expertise, easy access routes, and not 100% virtual
- 3. Post Covid, continuation of some **online services** (if replacing face to face services, do a <u>digital access</u> assessment to prevent 2 tier service provision)
- 4. Help for **carers** with regard to financial support, planning for the future and for emergencies, and services providing gocial contact
- 5. During Covid restrictions, services to reduce **social isolation** for adults and young people with LD/ASD particularly those who are non-digital
- 6. Identification of pupils with disabled siblings in schools, and extra pastoral and academic support where needed
- 7. Carers and adults with LD at the forefront of a local digital inclusion strategy
- 8. A **person-centred** approach to digital interventions including training for digital enablers and good use of assistive technologies
- 9. A digital awareness programme (maybe including a tool and a short film)
- 10. Up to 2/3 of digitally excluded carers may remain digitally excluded; letters and comms via providers and parent forums

Community insight – next steps.



Community insight work – what next?

- Help shape Council and partners strategic short, medium and longerterm priorities - informing immediate actions and longer-term recovery.
- Maintain ongoing and funded co-production with community and voluntary sector groups – instead of one-off commissioned work.
- LOMP approach to actively work with communities, to prevent new infections and contain outbreaks and VOC (Variants of Concern).
- Work with our communities will continue to build on local assets and networks to promote resilience as part of both COVID response and recovery.

Short-term: COVID Resilience - protecting and supporting communities

LOMP – priorities for implementation (extract) *as agreed by HWBB Subgroup :*

- Focus on reducing the disproportionate impact of COVID-19 and inequalities.
- Community engagement and clear communication, to increase adherence to control measures and uptake of vaccinations; crucial building block for local resilience and recovery.
- Testing and contact tracing shift to focus on end-to-end process.

E.g. actions already underway:

- Community Hub
- Merton Giving
- Community Champions
- 'On-street' engagement
- Funds and support for LBM Race Equality
 Network
- Extended Carers Befriending Service
- Cultural and heritage programmes and activities e.g. Windrush Day
- 'Bundling' testing and vaccinations

Page 2

Medium and Longer-term: Focus on reducing structural inequalities

- HWBB Strategy to promote healthy place neighbourhood approaches and inclusive provision of holistic health and care services.
- Your Merton engagement and prioritisation, with emerging focus on structural inequalities /neighbourhood approach, shaping Council recovery programme.
- Equality, Diversity and Inclusion Strategy acting on our community insight work as part of the evidence base.
- Partners working together to help build community resilience using the strengths within communities to build sustainable local support networks.
- Building a wider focus on prevention, including local skills development, as part of the delivery of a more integrated wellbeing service.